



**CYPSP Down Locality Planning Group
Ballymote Centre Downpatrick
Wednesday 17th September 2025
2-4pm**

Minutes

Present: Chair Lynda Vladeanu (SEHSCT)
Jennie Campbell (Ballynahinch Counselling Service), Danny Sinclair (SEHSCT) Daniella McGarry (CDRCN) Jenny Lavery (CDRCN) Noelle Hollywood (SEHSCT) Shelly Keenan (GP MDT) Ed Sipler (SEHSCT) Niamh Wallace (Sure Start) Maria Flanagan (GP MDT) Ruth Hamilton (Senior Environmental Health Officer) Amanda Armstrong (SEHSCT) Gemma McCauley (EIFSS Barnardos)

Guest speakers;
Clare Gardener Emotional Wellbeing Team Schools

**David Simpson Regional Manager; Changing Lives Initiative:
Flourish & Thrive**

Apologies: Siobhan Stratton (Barnardos) Wendy McKimmie (AFC) Maria Kelly (SureStart) Katrina Hynds (NMADDC) Marianne Gallagher (Nurse Manager) Andrea Keenan (Clanrye Group), Carol Scullion (AMH) Toucher McDonald (NMADDC) Jayne McKillen (Family Support Co-ordinator) Maria Kelly (Down Sure Start) Stephen Glass (EA Area Learning Coordinator), Sgt Ryan Duffy (PSNI), Gabrielle O'Neill (SEHSCT), Norman Gibson (CAP) Julie Casement (AFC), Priscilla McAlinden (NMADDC), Ellen Brennan (NMADDC) Andrew (Clanrye)

Agenda Item	Brief Description	Action
1. Introduction and welcome	Chair Lynda Vladeanu opened the meeting and welcomed the members of the Down Locality Planning Group, and two guest speakers.	

2. Minutes from previous meeting	Minutes from the previous meeting agreed	
3. Emotional Wellbeing Teams in School presentation by Team Lead Clare Gardiner	Lynda welcomed Clare Gardiner who gave a brief overview of the Emotional Wellbeing Teams in Schools across the SE Trust area. The Emotional Health and Wellbeing Service provides early intervention and prevention, and therapeutic supports for families. This support is needs based, rather than diagnostically based. Many of the young people we work with are awaiting Autism Spectrum Disorder or Attention Deficit Hyperactivity Disorder assessment. We also aim to offer support for young people through transitions and we work closely with community and voluntary services. There followed a discussion on Emotional Health and Wellbeing services available for families, notable upcoming dates : World Suicide Prevention Day 10th September World Mental Health Day 10th October There are a number of events planned across the Down LPG area, information will be shared on Social media platforms. Shelly Keenan GP MDT informed the meeting that there were a number of digital applications, including the CYPSP's Youth Wellness Web. With easily accessible information for Children and Young People, and their families. Ed. Sipler SEHSCT informed the meeting that he had a package of training courses for distribution.	Noelle to share presentation with members. Shelly to share names of HSC APPs Library Noelle to share Youth Wellness Web Noelle to share Ed Siplers' training information. Noelle to share referral details.

4. Changing Lives initiative	David updated the members on the new Cross Border Initiative funded by PEACE Plus “Changing Lives” The Changing Lives Initiative is aimed at supporting families of children aged 3 to 12 years with behavior’s consistent with ADHD. It offers a fully funded programme for families consisting of an information and awareness session, a screening session and an intervention in the form of a 20 session Incredible Years parent programme focused on behavior’s consistent with ADHD. This is not a diagnostic process, it is a group based parent programme recommended as the first course of intervention for young children with behaviour consistent with ADHD by leading bodies such as the National Institute for Health and Care Excellence (NICE UK), the World Health Organisation (WHO) and the Global ADHD Working Group. This initiative can be accessed by self-referral or by referral from any professional involved. The service provides both online and in-person courses. Jenny Lavery CDRCN generously invited David to host events for the Community in Ballymote Centre. Changing Lives Team were also invited to host a stall at the next Neuro Café in Lisburn City Library.	
5. Family Support Hub	Amanda Armstrong SEHSCT gave a brief update on the Family Support Hub, with the majority of referrals to the hub from GP, or self-referrals For Emotional Health and Wellbeing	

6 Down LPG Action Plan update.	• <u>Dental Health</u> One of the priorities on the Action Plan is to form a Task and Finish Group targeting Dental Health. • <u>Cost of Living</u> Members updated the meeting with initiatives to tackle the Cost of Living in the run up to Christmas.	Noelle to invite members to form a T&F group
7.Update on SE Outcomes Group Action Plan	Lynda updated the meeting on the SEOG, there have been a number of task & finish groups set up support the action plan. First one to meet next week will be the Emotional health & Wellbeing.	
8. AOB		
9. Date of next meeting	Wednesday 3rd December 2025 2-4pm Ballymote (above SuperValu)	