

Funded Training Places Available in SHSCT: Applied Suicide Intervention Skills Training

Dates: Tuesday 2nd & Wednesday 3rd December 2025

Times: 9:30 am – 4:30 pm (registration from 9:15am each day)

Venue: Clan Na Gael, Francis Street, Lurgan, BT66 6DN



Course Fee: This course is fully funded through SHSCT Protect Life Strategy Fund, there is no cost to participants, however we do ask that you ensure you can attend both dates before applying, as places are limited.

Should I come to ASIST Training?

ASIST is a two-day intensive workshop aimed at preventing the immediate risk of suicide. the programme teaches Suicide First Aid skills to anyone who may come into contact with a person at risk. Most people thinking about suicide don't want to die, but they need help deciding to stay alive. You don't need any prior training to attend ASIST just a willingness to make a difference. We do not recommend the course if you have been bereaved by suicide in the past 12 months.

Who is ASIST for and what should I expect from the two day workshop?

ASIST is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over one million caregivers have participated in this two-day, highly interactive, practical, practice-oriented workshop.

Attendance at both full days is required to be signed off as complete and achieve your certificate. Enjoy small group discussions and skills practice that are based upon adult learning principles. Experience powerful videos on suicide intervention. Feel challenged and safe.

**Please contact wellbeing@amh.org.uk for
further information and/or to reserve a place.**

