

Banbridge LPG
Minutes of Meeting - Wednesday 28th September 2022 at 2pm
Via Zoom Video Conference Call

Attendees	Apologies
Lucinda Love-Teggarty (FutureProof - Chair) Darren Curtis (CYPSP) Joanne Patterson (CYPSP - Minutes) Norah Hughes (Find Help NI - Speaker) Judith Younger (Action For Children) Aaron Spiers (PIPS Hope & Support)	Lisa Grant (NIACRO / FSH) Frances Haughey (ABC Council) Karen Conn (Barnardo's Nova) Karen Ross (PSNI) Adrian Hutchinson (EA Youth Service)

Agenda Item	Discussion	Action - By Whom
Welcome, Apologies, Previous Mins	Lucinda welcomed all to the meeting. Apologies noted, per above. Previous Minutes (8/6) agreed.	JP to upload to CYPSP website
Speaker: Norah Hughes, Find Help NI	Norah presented a live demo of Find Help NI - A website set up by a group of counsellors, bringing together a directory of support services, useful self-care advice and practical tips, with the aim to improve mental health and wellbeing support for everyone living in Northern Ireland. Norah is working on updating info. for the SHSCT area. Visit the directory HERE . Register your organisation to be included HERE .	
Update from Family Support Hub	Lisa (NIACRO / FSH): Steady flow of typical pre-COVID referrals over summer months, referral nos. still meeting target. Some family support services working at capacity pre-summer have re-opened for referrals, which is needed as schools re-commence and the usual influx of referrals is envisaged. During summer worked to allocate local families into various programmes, e.g. PGA and anxiety workshops (Portadown Gets Active Summer 2022 Scorecard available to view HERE .) Young peoples' involvement in summer programmes has, in cases, led on to other ongoing opportunities, e.g.	

Agenda Item	Discussion	Action - By Whom
Update from Family Support Hub	through Oasis. Slight decline in referrals from families waiting for ASD Assessments coming through the FSH. Met with two new teams who will be operating in the SHSCT: Single Point of Entry Emotional Wellbeing Team & Perinatal Mental Health Team.	
Discussion on Unmet & Emerging Needs	<p>Members are invited to share any unmet and/or emerging needs in the Banbridge area either during respective LPG meetings or via e-mail to localityplanning@ci-ni.org.uk - Darren will then escalate these up to the Southern Area Outcomes Group.</p> <p>Needs raised during meeting, as follows:</p>	
Discussion on Unmet &	<ul style="list-style-type: none"> • The FSH has had the first Ukrainian family through to the Hub for therapeutic support. Struggling to find options and the family also don't have any English, which presents an additional barrier to accessing services, as well as transport. (Lisa) • Lack of therapeutic play provision in the area. Zest in Banbridge offer sessions, but at a cost to families. Links offer sessions in Lurgan, but the waiting lists are lengthy. Barnardo's are restricted in which families they can offer services too, owing to funder pre-requisites. (Lisa) • Seeing more referrals coming through from parents with mental health issues, with young people caring for their parents. Have also had referrals from first responders, with domestic violence being linked to some. (Judith) • Feedback from their recent Assessment of Needs indicates that young people are seeking to have their basic needs met: opportunities to meet other people, having a safe space to go to and activities to attend. Academic success & employability have dropped in terms of young peoples' priorities. Post-COVID, they are seeing that young people have either grown up very quickly or haven't matured. More children/young people taking on more adult responsibilities with parents working and working longer hours, due to the cost of living crisis. Concurrently some young people are being given freedom with parents working away from home. (Adrian) • With rising heating and fuel costs there will be an impact on children & young people needing spaces outside of the home to go to, as parents look at cutting costs at home due to amount of heat being used. (Lucinda) 	

Agenda Item	Discussion	Action - By Whom
Emerging Needs	<ul style="list-style-type: none"> Trend of parents talking about their own trauma and the anxiety around passing on/transferring their own typical coping strategies onto their children. (Lisa) 	
Action Plan 2021-24	It was agreed to defer Action Plan discussions until the next meeting - Members are to come prepared to make decisions on specific actions/focuses/activities for 2023.	
Member Agency Updates <i>*Update received via e-mail</i>	<p>Frances (ABC Council): Connecting Through The Ages sessions coming up in the ABC Council area - See flyer for registration details</p> <p>Judith (Action For Children Young Carers): Supporting Carers During the Cost of Living Crisis event taking place on Thursday 6th October in Banbridge Leisure Centre, from 10am to 12pm Contact HERE to request and information stand.</p> <p>Karen (Barnardo's NOVA): Still taking referrals for family support for those who have experienced trauma due to the NI conflict - Contact Karen to further discuss.</p> <p>Bernadette (SHSCT): Several MACE project intervention programmes, from the provider Parenting NI, upcoming - See flyer for further details.</p>	JP to circulate all links after meeting. Any relevant flyers included in next 'FYI'
AOB	<p>A Poverty & Family Support Task Group has been set up through the CYPSP SOG - Darren sits on the same and will feed back and engage with members as is relevant.</p> <p>Cost of Living crisis: the CYPSP is aiming to map any initiatives, services or activities that help address this issue in order to create a Guide to Locality Planning Based Resources and Practical Support for Families and Children - E-mail Una Casey from CYPSP HERE to request a copy of the template for completion.</p> <p>Mid Ulster School Uniform Recycling Toolkit, produced by members of the Dungannon & Mid Ulster LPGs and recently released HERE To roll out Trust-wide CYPSP Migrant Minority Ethnic Families Access to Services Assessment now available to download HERE. Click HERE to visit the 'Ukraine Advice' section on the CYPSP Translation Hub.</p>	JP to circulate various CYPSP links & reports to members
AOB	<p>New 'Training' section on the CYPSP Youth Wellness Web available HERE.</p> <p>All members are invited to a National Energy Action NI Info. Session on Energy Efficiency taking place on Wednesday 28th September at 12.30pm, via Zoom.</p>	

Agenda Item	Discussion	Action - By Whom
	<p>Training event for those working with the Romani Community being run by Armagh City High School on Monday 26th September 2022.</p> <p>Recently released Parentline NI Podcasts: How do we build resilience in ourselves and our children? (With Ed Sipler) & Anxiety Based School Avoidance with Strive NI</p> <p>Click HERE to complete the recently circulated LPG Members Survey.</p> <p>Next issue of 'FYI' Newsletter going out next Thursday - Submissions by Tuesday PM.</p>	
Date of Next Meeting	<p>Wednesday 16th November 2022 at 10am (Venue TBC in due course).</p> <p>2023 LPG meeting dates to be confirmed at next meeting. If any member is in a position to host any face-to-face meetings next year, please get in touch with DC/JP.</p> <p>Many thanks for your participation!</p>	