

Downpatrick Neuro Cafe



Background to Down LPG Neuro Cafe

Locality Planning Groups are a Partnership of front line leaders and staff across all sectors from the local Neighbourhood. The work focuses on early intervention, building preventative places and improving outcomes for children and young people. Responding to the expressed needs of families on the waiting lists for assessment/diagnosis for ADHD/Autism, the Down LPG hosted a Neuro Café, an informal drop in event. Over 100 members of the public attended, 40 services from Community, Voluntary & Statutory sectors hosted stalls and workshops. Refreshments were provided thanks to Newry Mourne & Down District Council.

CYPSP Down Locality Planning Group consists of; County Down Rural Community Network, SureStart, Homestart, YMCA, Action for Children, Newry Mourne and Down District Council, Education Authority, Clanryre, PSNI, Ballynahinch Counselling, Autism NI, Youth Justice, Barnardo's, South Eastern Health & Social Services, MYMY, NOW, Patrician Youth, Family Support Hub, Common Youth, Parent Action, Early Years, Christians Against Poverty, Parenting NI, Action Mental Health, SERC, Downpatrick Autism & GP Federation Multidisciplinary Teams (MDT)

Find Out More:

For more information on the role of the CYPSP Down Locality Planning Group please visit;

www.cypsp.org/locality-planning-groups/down-locality-planning-group

Contact Us:

Noelle Hollywood, Community Health Development Practitioner, SEHSCT by email at noelle.hollywood@setrust.hscni.net

CYPSP's Strategy for NI High Level Outcome Contributions

- All Children and Young People experience economic and environmental wellbeing.
- All Children and Young People live in safety and stability
- All Children and Young People Learn and Achieve

Contributing to the Newry Mourne and Down Community

- All people in Newry Mourne and Down enjoy good health and wellbeing
- All people in Newry Mourne and Down fulfil their lifelong potential



Neuro Café; what did we do

“The Neuro Café is a partnership approach, as we have had different organisations from the community, voluntary and statutory sector coming together to show what our parents and carers can access for their children and young people.”

Niall Rotherham GP MDT



Neuro Café; how did we do it

- Hosted by the Children and Young People's Strategic Partnership (CYPSP) Down Locality Planning Group
- Co-produced with local service users
- Partnership with SERC Downpatrick campus
- Refreshments kindly provided by DEA NMADDC
- Interactive workshops facilitated by EA, Study Seed & Ed Sipler.



Downe Hospital's Senior Social Work Practitioner, Niall Rotherham; Multi-Disciplinary Team's Social Work Managers Rachel Duncan & Maria Flannigan.; South Eastern Trust's Health Development Practitioner, Noelle Hollywood; and Children and Young People's Strategic Partnership (CYPSP) Locality Planning Group, Louise Dickson.

Is anyone better off?

Over 100 participants attended the Neuro Café
The Café was designed to provide valuable information and support for parents and carers of children with Autism and ADHD as well as those awaiting assessment.

Those attending had the opportunity to engage with a range of information stalls hosted by 40 representatives from both statutory and community organisations.

The event also featured interactive workshops for parents and carers, which offered practical advice and strategies to support families navigating these challenges. There was also a quiet space where participants could enjoy refreshments.

Database of stall holders established to share with other Neuro Café hosts across the SE Trust

Is anyone better off?

"I didn't know there was so much support out there"
(Parent/Carer)

"Excellent networking opportunity"
(Professional attending)

"I left feeling hopeful and armed with information"
(Service User)

"It was very useful meeting other parents and talking to stall holders."
(Parent/ Carer)

"Everyone was so friendly and helpful"
(Grandfather/ Carer)

"I found the social groups very helpful and I am going to join ND1"
(Service User)