

Think Outside the Box...

Supporting Children's Emotional Health & Wellbeing

Join us for a FREE supportive, informative event exploring children's emotional health & wellbeing with a range of therapies available to support emotional wellbeing.

Date: Wednesday 29th April 2026

Time: 9:30am - 3:00pm

Where: Lough Neagh Discovery & Conference Centre

How to book? [Click here to book](#)

Tea / Coffee on arrival
and lunch will be
provided



Guest Speaker

We are delighted to be joined by
Conor McCafferty -
Registered Psychotherapist.



Practical Workshops

Workshop Taster sessions in:
Equine Therapy
Beyond Bricks Lego
Music Therapy
Art Therapy
Creative Writing & Poetry Therapy



Who is this for?

Parents, carers and professionals caring for or working with children, who want to:

- better understand children's emotions
- explore supportive therapies
- learn practical strategies
- connect with local services

Bookings close Monday
20th April - please book
early to avoid
disappointment

E-mail!

ppinbox@ci-ni.org.uk for more information